

URSULA'S KITCHEN

Functional Food Buffet

Cucumber and Avocado Rolls

Quinoa Tabbouleh

Classic Guacamole & Toasted Multi- seed Flatbread

Whole Chick Pea, Mint, Coriander, Parsley, Roasted Peppers, Tomato, Cucumber Salad

Roasted Red Pepper & Paprika Hummus with Vegetable Crudités

Tamari Marinated Herb Salmon, Tarragon, Dill, Lemon juice

Falafel Balls & Cucumber Tzatziki Dip

Open Sandwiches made with home-made Vegan Life Bread, Whole Almonds, Chia seeds & Flaxseed Flour

Mediterranean Flavours Stuffed Chicken Breast Slices

Sweet Treats

Almond and chia Energy Bites

Mini Oat & Chocolate Chip Pancakes Stack & Fruit on a skewers

Deliciously Ella Sweet Potato Brownies

£ 29.25 p person